

## **List of Supplies Needed**

## Heirloom Tomato Sauce Recipe

Recipe recipes & more at:   Cooking Cutting mats/boards Ladle / big spoon   Knives Immersion blender   Stockpot Large storage container or jars    Food & Produce  Heirloom tomatoes  Onion Fresh oregano leaves  Garlic clove Black pepper  Olive oil Red pepper flakes  Tomato paste Fennel seeds	General	Find detailed lesson plans, printable
Cooking  Cutting mats/boards   Ladle / big spoon   Knives   Immersion blender   Stockpot   Large storage container or jars  Food & Produce   Heirloom tomatoes   Onion   Fresh oregano leaves   Garlic clove   Black pepper   Olive oil   Red pepper flakes   Tomato paste   Fennel seeds	Recipe	recipes & more at:
Cutting mats/boards		foodliteracycenter.org/recipes
☐ Knives ☐ Immersion blender   ☐ Stockpot ☐ Large storage container or jars    Food & Produce  ☐ Heirloom tomatoes  ☐ Onion ☐ Fresh oregano leaves ☐ Garlic clove ☐ Black pepper ☐ Olive oil ☐ Red pepper flakes ☐ Tomato paste ☐ Fennel seeds	Cooking	
Stockpot	Cutting mats/boards	Ladle / big spoon
Food & Produce  Heirloom tomatoes  Onion Fresh oregano leaves  Garlic clove Black pepper Olive oil Red pepper flakes Tomato paste Fennel seeds	Knives	☐ Immersion blender
<ul> <li>☐ Heirloom tomatoes</li> <li>☐ Onion</li> <li>☐ Garlic clove</li> <li>☐ Black pepper</li> <li>☐ Olive oil</li> <li>☐ Red pepper flakes</li> <li>☐ Tomato paste</li> <li>☐ Fennel seeds</li> </ul>	Stockpot	Large storage container or jars
Fresh basil leaves Salt	Heirloom tomatoes Onion Garlic clove Olive oil	Black pepper Red pepper flakes Fennel seeds